



House Rules
U5 Blast ball
(3-4 years old)

Visiting Team:

- Set up field - Bases and T

Home Team:

- Put away all field equipment, rake the field, and lock all gates, sea can etc

Equipment Requirements:

Players:

- Running shoes
- Baseball glove is not needed
- Shorts are not to be worn on the field
- Uniform is mandatory – including ball cap

Game and Field Rules:

- Parent participation is mandatory
- Let the kids have fun this is practice. Teach the proper ball techniques.
- Games are made up of two teams with 5-7 players
- Each team shall use the blast ball base, foam bats and foam balls. No Gloves
- Place one blastball base 50 ft away from home
- Be prompt to leave the field for a new team arriving.

Base Running Rules:

- There are no outs
- No scores to be recorded
- Each player gets an unlimited number of turns at home plate until they hit a decent fair ball. Coaches to help after 3 tries
- After hitting a fair ball, player runs to first blastball base and returns to homeplate (in a semi-circle line)

Fielding Rules:

- All members must stay at least 40 ft away from home plate •
- When a ball is hit, players try to catch the ball or field it •
- If the ball is been caught or fielded, the defense can yell “BLAST” •
- The player then brings the ball back to home plate for the next batter

Players:

- All players bat, each inning from ball placed on tee. After 3 tries, the coach helps the player swing.
- All players play in the field each inning.
- All players must have the opportunity to play at all positions, if capable.
- Have fun, be safe.

Coaches:

- Coaches are responsible to control own team players, parents, and fans

Dugouts must be swept and cleaned following games or practice use.

All complaints are to be directed to the Executive. All complaints must be made in written form.